Savoury Sloppy Joes





Ingredients

1 tsp / 5 mL canola oil

1 1/4 lb / 0.625 kg lean ground pork

1 cup / 250 mL chopped yellow onion

2 ribs celery, chopped

1 clove garlic, minced

1-24 oz / 680 mL can thick pasta sauce

2 Tbsp / 30 mL honey

2 tsp / 10 mL red wine vinegar

1 tsp / 5 mL Worcestershire sauce

 $1 \text{ tsp} + \frac{1}{2} \text{ tsp} / 7 \text{ mL dried oregano leaves}$

1 large green bell pepper, seeded and diced

Salt and ground black pepper to taste

4-6 crusty buns, sliced

Directions

- 1. In large sauté pan, heat oil over medium-high heat.
- 2. Sauté ground pork until thoroughly cooked and no pink remains, breaking up larger pieces with spatula, about 10 minutes.
- 3. Add onion, celery and garlic to pan. Cook 2-3 minutes more, stirring often.
- 4. Add remaining ingredients, except bell pepper; stir to combine, while bringing mixture to a gentle boil.
- 5. Add bell pepper. Stir to combine.
- 6. Reduce heat to low; cover and simmer until vegetables are tender, about 10 minutes.
- 7. Season with salt and pepper according to taste.
- 8. Serve meat sauce over sliced crusty buns.

Tip: 3 Tbsp / 45 mL packed brown sugar may be substituted for the honey.

Additional Info

• Cut: Ground pork

Prep Time (Minutes): 15
Cook Time (Minutes): 20
Number of Servings: 4-6