Pulled Pork Parfait





Ingredients

2 Tbsp / 30 mL EACH coarse salt and paprika

1 Tbsp / 15 mL packed brown sugar

2 tsp / 10 mL EACH garlic powder and dry mustard

1/2 tsp / 2 mL chipotle chili pepper

1 Tbsp / 15 mL canola oil

1 pork shoulder blade roast, boneless, well-trimmed, 3-4 lb / 1.5-2 kg

 $\frac{1}{4}$ - $\frac{1}{2}$ cup / 50-125 mL EACH apple juice and water

Directions

- 1. In small bowl, combine seasonings and spices.
- 2. Generously rub spice blend all over pork roast. Cover and refrigerate 8-24 hours.
- 3. Preheat oven to 325°F.
- 4. In large skillet, heat oil over medium-high heat.
- 5. Brown roast on all sides. Transfer pork to roasting pan.
- 6. Add apple juice and water to roasting pan.
- 7. Cover and bake for 3-3 ½ hours, or until roast is falling apart.
- 8. Transfer roast to cutting board. Reserve cooking liquid. Let cool slightly for easier handling, about 10 minutes.
- 9. Using two forks, shred meat, discarding any fat. Transfer to serving dish and moisten with some of the cooking liquid.
- 10. To assemble, in heatproof glass, layer prepared baked beans, mashed potatoes, pork and coleslaw. Garnish with pickle spear.

Additional Info

• Cut: Roasts

Prep Time (Minutes): 60
Cook Time (Minutes): 210
Number of Servings: 8-10