Pork Potstickers





Ingredients

1 lb / 0.5 kg lean ground pork

½ cup / 125 mL grated carrot

1/3 cup / 80 mL finely sliced green onion

1/4 cup / 50 mL oyster sauce

1 tsp / 5 mL sesame oil

1 tsp / 5 mL ground cumin

1 Tbsp / 15 mL sodium-reduced soy sauce

2 cloves garlic, minced

2 tsp / 10 mL hot chili sauce

1-16 oz / 454 g package round wonton wrappers

½ cup / 125 mL water, plus more for steaming

1/4 cup / 50 mL canola oil

½ cup / 125 mL EACH sodium-reduced soy sauce and mirin

Directions

- 1. In medium bowl, combine ground pork with carrot, green onion, oyster sauce, sesame oil, cumin, soy sauce, garlic and chili sauce.
- 2. Arrange 10 wrappers on a clean work surface; lightly brush edges with water.
- 3. Place a heaping teaspoon of filling in centre and fold in half. Join ends together and press to seal.
- 4. In a large nonstick skillet, heat 1 tsp oil over medium-high heat. Arrange dumplings in a single laver.
- 5. Cook until bottoms are golden brown.
- 6. Add $\frac{1}{4}$ to $\frac{1}{2}$ cup water; cover and steam 5-7 minutes. Uncover and continue to cook until water has evaporated, 2-4 minutes.
- 7. Repeat with remaining wrappers.
- 8. In small bowl, combine soy sauce and mirin
- 9. Arrange dumplings on a platter and drizzle with soy sauce-mirin mixture.

Additional Info

• Cut: Ground pork

Prep Time (Minutes): 35Cook Time (Minutes): 15

• Number of Servings: 40-60 potstickers