# Greek Pork Patties with Tzatziki Sauce





# **Ingredients**

#### **Patties:**

1 lb / 0.5 kg lean ground pork

1/4 cup / 50 mL finely chopped red onion

2 cloves garlic, minced

1 egg, slightly beaten

1/3 cup / 80 mL fine dry breadcrumbs

2 tsp / 10 mL lemon zest

2 Tbsp / 30 mL chopped fresh dill or 2 tsp / 10 mL dried

2 Tbsp / 30 mL chopped fresh mint or 2 tsp / 10 mL dried

1 Tbsp / 15 mL chopped fresh oregano or 1 tsp / 5 mL dried

1/8 tsp / 0.5 mL ground cinnamon

1 tsp / 5mL ground black pepper

1/2 tsp / 2mL salt

### Tzatziki Sauce:

1/2 English cucumber, grated
1 tsp / 5 mL salt
2 Tbsp / 30 mL lemon juice
2 tsp / 10 mL lemon zest
1 cup / 250 mL Greek yogurt
1 clove garlic, minced
1/4 cup / 50 mL chopped fresh dill

## **Directions**

### For the patties:

- 1. In large bowl, gently combine ground pork with remaining patty ingredients; do not overmix.
- 2. Form mixture into 1½-inch balls. Place on parchment lined baking sheet.

- 3. Gently press down on meatballs with palm of hand to form small patties about ½-inch thick.
- 4. Preheat oven to 400°F. Bake patties on a parchment paper lined baking sheet, 12-15 minutes.
- 5. Turn patties; bake 5 minutes more or until internal temperature reaches 160°F.
- 6. Serve patties tucked into mini pitas or slider buns with a dollop of Tzatziki Sauce (recipe below) and your favourite toppings

Topping suggestions: shredded lettuce, tomato slices, thinly sliced cucumber.

\*For better burgers, use gentle hands to mix and form patties that are consistent in size so that they all cook at about the same rate. Make a thumbprint indent in the centre of each patty to help prevent 'patty puffing' while grilling.

#### For the sauce:

- 1. Place grated cucumber in strainer over small bowl.
- 2. Sprinkle with salt. Toss to combine. Set aside. Let drain 20 minutes.
- 3. Rinse cucumber. Using paper towels, squeeze out excess moisture.
- 4. In medium bowl, combine cucumber and remaining ingredients. Mix well.
- 5. Refrigerate to blend flavours.

### **Additional Info**

• **Cut:** Ground pork

Prep Time (Minutes): 45
Cook Time (Minutes): 20
Number of Servings: 12-15