Korean Lettuce Wraps





Ingredients

2 pork tenderloins, well-trimmed, about 12 oz / 0.375 kg EACH

1/4 cup / 50 mL soy sauce

1 Tbsp / 15 mL granulated sugar

2 tsp / 10 mL sesame oil

½ cup / 125 mL thinly sliced green onion

1 Tbsp / 15 mL EACH minced garlic and grated ginger root

1 Tbsp / 15 mL sambal oelek*

4 tsp / 20 mL honey

2 tsp / 10 mL canola oil

2 Tbsp / 30 mL sesame seeds, toasted

1 $\frac{1}{2}$ cups / 375 mL cooked rice vermicelli noodles

1 head butter lettuce, leaves separated and washed

Directions

- 1. With sharp knife, slice each tenderloin into thin strips, about $\frac{1}{4}$ -inch thick by 2 $\frac{1}{2}$ -inches long. Set aside.
- 2. In large bowl, combine soy sauce, sugar, sesame oil, green onion, garlic and ginger. Whisk until sugar dissolves.
- 3. Add pork strips to marinade; turn with fork to ensure all pork strips are evenly coated. Cover and marinate in refrigerator for at least 2 hours.
- 4. Meanwhile, in small bowl, combine sambal oelek and honey to make chili sauce. Cover and set aside.
- 5. Remove pork strips from marinade; discard marinade. Lightly pat pork strips with paper towels to remove excess marinade.
- 6. In nonstick skillet or wok, heat oil over high heat. Add pork strips; stir-fry 4-5 minutes. Do not overcook.
- 7. Remove skillet or wok from heat and sprinkle pork strips with toasted sesame seeds. Stir to combine.
- 8. To serve, spoon a heaping tablespoon of noodles on to the centre of each lettuce leaf. Top with a small amount of pork strips and drizzle with a few drops of chili sauce. Roll up to eat.

^{*} Sambal oelek is an Asian chili paste that can be found at Asian markets and larger grocery stores.

Additional Info

• Cut: Tenderloin

Prep Time (Minutes): 20
Cook Time (Minutes): 5
Number of Servings: 6-8