Jamaican Jerk Chops





Ingredients

6 pork loin chops, bone-in, about 3/4-inch / 2 cm thick

2 Tbsp / 30 mL ground allspice

1 tsp / 5 ml EACH ground cinnamon and ground nutmeg

1 Scotch bonnet pepper, seeded and chopped (or 2 jalapeno peppers, seeded and chopped)

3 green onions, thinly sliced

4 tsp / 20 mL chopped garlic

1/4 cup / 50 mL finely chopped ginger root

2 Tbsp / 30 mL chopped fresh thyme (or 2 tsp / 10 mL dried thyme leaves)

1 Tbsp / 15 mL packed brown sugar

2 Tbsp / 30 mL soy sauce

1 Tbsp / 15 mL Worcestershire sauce

1 cup / 250 mL dark rum

1 lime, juiced

Directions

- 1. Trim excess fat from pork chops and place in ceramic or glass dish.
- 2. Place all remaining ingredients in small food processor and pulse until smooth.
- 3. Pour marinade over chops, reserving ½ cup for basting. Cover and refrigerate 4 hours.
- 4. Preheat barbecue on high; reduce heat to medium. Pat chops with paper towels to remove excess marinade.
- 5. Grill chops 6-7 minutes per side, basting with reserved marinade.
- 6. Grill until instant-read thermometer registers 155°F.
- 7. Remove chops from grill onto a clean plate. Tent loosely with foil and allow chops to rest 3-5 minutes before serving.

Additional Info

• Cut: Chops/steaks

Prep Time (Minutes): 20
Cook Time (Minutes): 15
Number of Servings: 6