Crispy Pork Belly Ramen





Ingredients

PORK BELLY:

1 $\frac{1}{2}$ -2 lbs / 0.75 – 1 kg skinless pork belly 1 tsp / 5 mL EACH granulated sugar, salt and ground black pepper

RAMEN:

2-900 mL cartons chicken broth

 $^1\!\!/_{\!\!4}$ cup / 50 mL EACH mirin and Japanese sake

2 Tbsp / 30 mL soy sauce

1 Tbsp / 15 mL miso paste*

12 cloves garlic, quartered

2-inch / 5 cm piece ginger root, peeled and sliced

2 sheets nori, divided

2 eggs, medium-boiled, peeled and sliced in half

1 cup / 250 mL sliced shiitake mushrooms

3/4 cup / 175 mL matchstick carrots

½ cup / 125 mL thinly sliced snap peas

2-3 green onions, thinly sliced diagonally

400 g fresh or instant ramen noodles, cooked according to package instructions

*Miso paste is a popular Japanese seasoning made from fermented soybeans. Kept refrigerated, it can be found in most major grocery stores, alongside chilled tofu products and dairy substitutes.

Directions

FOR THE PORK BELLY:

- 1. Preheat oven to 450°F.
- 2. In small bowl, combine sugar, salt and pepper. Rub both sides of pork belly with seasoning.
- 3. Place pork belly on rack on foil-lined rimmed baking sheet. Roast for 20-25 minutes.
- 4. Reduce heat to 275°F. Roast 50-60 minutes more or until meat is tender but not falling apart.
- 5. Remove pork belly from oven, tent loosely with foil and let rest 10-15 minutes before carving

into 1/4-inch thick slices.

FOR THE RAMEN:

- 1. In large stock pot, combine broth, mirin, sake, soy sauce, miso paste, garlic and ginger.
- 2. Cut 1 sheet of nori into quarters. Add to broth mixture.
- 3. Over high heat, bring contents of pot to a boil. Reduce heat to low and simmer for 1 hour.
- 4. Strain and discard solids. Return contents to pot; keep hot.
- 5. Cut remaining sheet of nori into thin strips. Set aside.
- 6. Divide noodles evenly among 4 large bowls. Ladle broth over noodles and top with slices of pork belly, halved egg, mushrooms, carrots, snap peas and green onion.
- 7. Garnish with nori strips. Serve immediately.

Additional Info

• Cut: Belly

Prep Time (Minutes): 20
Cook Time (Minutes): 150
Number of Servings: 4